






You are not alone, let's break
the silence and talk about:

Menstruation to menopause

in the spinal injury community

A series of webinars brought to you by
Bolt Burdon Kemp, together with the
Spinal Injuries Association Academy,
following an SCI woman's journey through:

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-  **Sex, Intimacy & Relationships**
 -  **Parenting with SCI**
 -  **Fertility and Pregnancy**
 -  **Menopause**

Hear from specialists
in the above topics
and women from the
SCI community with
lived experiences.

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to watch*



Sex, Relationships and the SCI man

The webinars cover **physical** and **emotional** issues in the evolving relationships and sex lives of SCI men and their partners.



The physical side of sex and relationships

Damian Smith SCI Nurse

Specialist Damian discusses the physical impact of an SCI on sex and relationships for men and their partners



The psycho-sexual therapist's take

Michelle Donald, psycho-sexual therapist with specialism in SCI.

Michelle shares case studies and her advice on having a fulfilling sex life and relationship after an SCI



Meet the Men

A group of men talk about their varying personal experiences of sex and relationships after an SCI



Meet the Partners

A group of partners of SCI men share personal stories, tips and experiences about sex and relationships

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